CHARLTON BENEFICE ONLINE WORSHIP SUNDAY 4 AUGUST 10th Sunday after Trinity THE GATHERING

GINA welcomes people to worship

Introit Hymn

President In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The president greets the people

President The Lord be with you

and also with you.

Prayer of Preparation

GINA Almighty God, to whom all hearts are open, all desires known,

and from whom no secrets are hidden:

cleanse the thoughts of our hearts by the inspiration of your Holy

Spirit, that we may perfectly love you,

and worthily magnify your holy name; through Christ our Lord. Amen.

Prayers of Penitence

GINA God so loved the world that he gave his only Son Jesus Christ

to save us from our sins, to be our advocate in heaven,

and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved

to keep God's commandments and to live in love and peace with

all.

GINA - We confess our sins together

Father eternal, giver of light and grace, we have sinned against you and against our neighbour, in what we have thought, in what we have said and done, through ignorance, through weakness, through our own deliberate fault.

We have wounded your love, and marred your image in us. We are sorry and ashamed, and repent of all our sins.

For the sake of your Son Jesus Christ, who died for us,

forgive us all that is past and lead us out from darkness

to walk as children of light. Amen.

Absolution

BENNETT

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord.

Amen.

The Gloria

The Collect

The President introduces a period of silent prayer with the words 'Let us pray'. The Collect is said, and all respond **Amen.**

THE LITURGY OF THE WORD

Old Testament Reading - read by GINA

A reading from the book of Exodus

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." 'And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." '

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.

This is the word of the Lord Thanks be to God

New Testament lesson read by Sarah

A reading from Paul's letter to the Ephesians

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

at the end of the reading ...

Reader This is the word of the Lord.

Thanks be to God.

Gradual Hymn

Gospel Reading -

Reader Alleluia, alleluia. We do not live by

bread alone, but by every word that

comes from the mouth of God.

Alleluia.

Hear the Gospel of our Lord Jesus Christ according to John Glory to you, O Lord.

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." 'Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.'They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

Reader This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon – Revd Liz

After the sermon there is a period of quiet reflection.

Liz leads The Affirmation of Faith

Let us declare our faith in God.

We believe in God the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God: Father, Son and Holy Spirit. Amen.

President: Now Liz is leading intercessions. Please make yourselves comfortable for them.

Prayers of Intercession - led by Liz

President Let us pray for the Church and for the

world, and let us be thankful for God's

goodness.

Prayers and thanksgivings are now made. After each prayer is said:

After the final prayer ...

Intercessor God of mercy,

hear our prayer and make us one in heart and mind to serve you with joy forever. Amen.

THE LITURGY OF THE SACRAMENT

The Peace

'Where two or three are gathered together in my name,' says the Lord, 'there am I in the midst of them.'

The peace of the Lord be always with you. And also with you.

Let us offer one another a sign of peace

All may exchange a sign of peace.

Offertory Hymn

Preparation of the Table

President Yours, Lord, is the greatness, the power, the glory, the splendour,

and the majesty; for everything in heaven and on earth is yours.

All things come from you, and of your own do we give you.

Wise and gracious God, you spread a table before us; nourish your people with the word of life and the bread of heaven.

Amen.

The Eucharistic Prayer

President The Lord be with you

and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

Short Proper Preface, when appropriate.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:
Christ has died:
Christ is risen:
Christ will come again

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of St Thomas, St Luke and St Richard, and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

Amen.

The Lord's Prayer

President As our Saviour taught us so we pray.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

President Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

Breaking of the Bread

The president breaks the consecrated bread.

President We break this bread

to share in the body of Christ.

Though we are many, we are one body,

because we all share in one bread.

Agnus Dei

Invitation to Communion

God's holy gifts for God's holy people.

Jesus Christ is holy,

Jesus Christ is Lord,

to the glory of God the Father.

Prayer before Distribution

Most merciful Lord, your love compels us to come in.
Our hands were unclean, our hearts were unprepared;
we were not fit even to eat the crumbs from under your table.
But you, Lord, are the God of our salvation, and share your bread
with sinners. So cleanse and feed us with the precious body and
blood of your Son, that he may live in us and we in him; and that we,
with the whole company of Christ, may sit and eat in your kingdom.
Amen.

Communion hymn

Prayer after communion

Notices

Final Prayer

GINA

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory.

May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world.

Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

THE BLESSING AND SENDING OUT

Please stand.

The Lord be with you and also with you.

May the Father from whom every family in earth and heaven receives its name strengthen you with his Spirit in your inner being, so that Christ may dwell in your hearts by faith; and the blessing of God almighty, Father, Son and Holy Spirit, come down upon you and remain with you always.

Go in peace to love and serve the Lord. In the name of Christ. Amen.

Final Hymn

Amen.